



# Calling Invisible Women

by Jeanne Ray | ★★★★★

REVIEWED BY MEREDITH MARAN

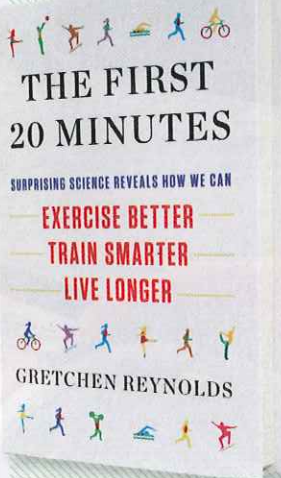
NOVEL

"I had disappeared and my husband had failed to notice." So declares Clover, the middle-aged, married mother of two who narrates Ray's fifth novel. Having put her career on hold to raise her kids and service her marriage to pediatrician Arthur, Clover is mortified by her sudden invisibility—until she puts it to good use. Witty and thought-provoking, *Invisible Women* will call out to any female who's ever been made to feel invisible by virtue of her age, her gender, or both.



## SPOTLIGHT ON...

# HEALTH AND DIET BOOKS



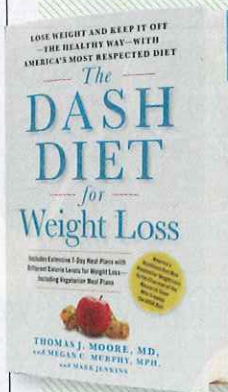
### THE FIRST 20 MINUTES

By Gretchen Reynolds The *New York Times* columnist makes sense of the latest research about exercise and offers advice—from the smartest ways to warm up to the ideal time to eat before working out.



### THE SKINNY RULES

By Bob Harper The *Biggest Loser* star has 20 simple ideas—and more than 90 recipes—that help make dropping pounds easier.



### THE DASH DIET

By Thomas J. Moore, Megan C. Murphy and Mark Jenkins The weight-loss plan ranked No. 1 by U.S. *News and World Report*.



### THE LEAN

By Kathy Freston The vegan advocate's 30-day plan to jump-start healthy weight loss.

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